



Respect Life Ministry
Archdiocese of Hartford

Pregnant and Need Help?

YOU ARE NOT ALONE.



Pregnancy Care Centers

Faith-based, community-based, not-for-profit organizations which provide life-affirming services to empower a woman to welcome her child into the world. They provide support services, pregnancy care and resources for little to no cost.



In Crisis

You do not have to carry the burden alone. People who want to be there for you are just a phone call away.



Post-Abortion Help

For those who are struggling with the emotional and spiritual pain of abortion. Retreats and counseling are available to help you find peace and walk into the future.

[Rachel's Vineyard](#) - Call 203.631.9030
[Abortion Pill Reversal](#) - Call 1-877-558-0333



Find a Parish Near You

Get connected with a Catholic community where you can encounter God and know His love and mercy.



Counseling

Life has its bumps and everyone needs help at one point or another. The journey of counseling can help you reconcile with your past and move forward as the person you were made to be.



Clothing/Food Assistance

No woman should face pregnancy or raising children without the basic necessities for life. Reach out to receive what you and your baby need.

[Community Renewal Team](#)
[MY PLACE CT](#)



Other Help

[Standing with You](#) and
[2-I-1](#)
to help locate resources within your area.

prolifeministry.org

203-639-0833/203-213-5079/203-694-4189

Pregnancy Care Centers



Cheshire – Hope for Life 203.271.2703

Greater Hartford – Birthright 860.290.8800

Meriden – Birthright 203.237.9887

Middletown – ABC Women's Center 203.823.1533

New Britain – ABC Women's Center 860.344.9292

New Haven – St. Gianna Pregnancy Resource Center
203.624.2229

Torrington – Two Hearts 860.482.0672

Waterbury – Carolyn's Place 203.597.9050

Catholic Charities 888.405.1183

Find other pregnancy care centers here at
Heartbeat International

Option Line offers help with unplanned pregnancy.

Someone is available by talk or text at 1-800-712-4357 to help you determine next steps and find other resources.



Crisis Resources



2-1-1 Connecticut - To connect you with whatever help you need: crisis, housing, food, etc.

Safe Families for Children(Connecticut Chapter) -

From the Safe Families website:

Our Objectives

The three objectives of Safe Families for Children are:

- Keep children safe during a family crisis such as homelessness, hospitalization, or domestic violence in an effort to prevent child abuse and/or neglect.
- Support, and stabilize families in crisis by surrounding them with caring, compassionate community.
- Reunite families and reduce the number of children entering the child welfare system. We seek to be an alternative to foster care, where appropriate.

CT Safe Connect (888)774-2900 - If you or your family are in danger.

Human Trafficking Hotline (888)373-7888 or text 233733. Help is available 24/7.

